

# How to Join a ZOOM Meeting By Telephone

ZOOM meetings can be accessed from any regular Telephone.

## 1. Find the “Meeting ID” Number

Each Meeting has its own Meeting ID Number.  
The number will be 9-digits long.

**Meeting ID: 835 8282 0999**      **Passcode: 985057**

## 3. Call one of the Local Dial-In Numbers

Each telephone number dials to the same place.  
These are toll-free numbers and there are NOT long-distance charges.  
If you get a busy signal, try calling the next phone number instead.

[+1 780 666 0144 Canada](tel:+17806660144)  
[+1 204 272 7920 Canada](tel:+12042727920)  
[+1 438 809 7799 Canada](tel:+14388097799)  
[+1 587 328 1099 Canada](tel:+15873281099)  
[+1 647 374 4685 Canada](tel:+16473744685)  
[+1 647 558 0588 Canada](tel:+16475580588)  
[855 703 8985 Canada Toll-free](tel:8557038985)

## 4. Enter the 9-Digit Meeting ID Number

You’ll hear:  
“Welcome to ZOOM. Enter your Meeting ID, followed by pound”  
Using your telephone keypad, enter the 9-Digit Meeting ID  
Then press the #

## 5. MUTE your phone when not Sharing

Once connected, Press the MUTE button on your telephone keypad.  
Muting your phone, is the same as not talking during a meeting. It cuts down on interference and background noise.  
To talk, UNMUTE your phone, by pressing the MUTE button again.