

THE SAHTU SECRETARIAT INCORPORATED P.O. Box 155, Deline NIT Y05 000

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Regional Health and Wellness Coordinator

The Sahtu Secretariat Inc. (SSI)

LOCATION: Sahtu Community or Yellowknife, NWT

(Location of employment is flexible; accommodations will be made for the successful candidate)

<u>REPORTS TO:</u> Lands and Resources/Intergovernmental Relations Director

POSITION SUMMARY:

The Regional Health and Wellness Coordinator will be responsible for developing, implementing and overseeing programs and initiatives that promote a healthy lifestyle and prevent substance abuse, particularly focusing on drugs and alcohol. The coordinator will collaborate with community members, healthcare providers, and community organizations to deliver effective prevention strategies and resources. The goal is to support individuals and communities in making healthy choices and building resilience against substance misuse.

KEY RESPONSIBILITIES:

- 1. Holistic Approach to Health and Wellness
 - Promote and implement a holistic approach to health and wellness that integrates physical, mental, emotional, and spiritual well-being.
 - Collaborate with community members, Elders, and traditional knowledge keepers to incorporate cultural practices and values into health initiatives.
 - Ensure that programs address the social determinants of health, including housing, education, and access to resources.
 - Advocate for preventative health measures and community-based wellness initiatives.

- 2. Program Development and Implementation
 - Design and deliver health and wellness programs aimed at preventing and recovering from substance abuse, particularly drugs and alcohol.
 - Create educational campaigns that promote healthy lifestyle choices and awareness of the risks associated with substance abuse.
 - Organize workshops, events, and activities to engage various community groups, including youth, families, and schools.
- 3. Collaboration and Partnerships
 - Work closely with established regional wellness groups, healthcare professionals, counselors, educators, and community leaders to provide comprehensive prevention strategies.
 - Build partnerships with local organizations, government agencies, and support networks to enhance program effectiveness.
 - Collaborate with stakeholders to seek out innovative health delivery methods and programs.
- 4. Education and Advocacy:
 - Develop and distribute educational materials, presentations, and online content to raise awareness about the effects of substance misuse.
 - Advocate for policies and programs that support substance abuse prevention, substance abuse recovery and access to wellness resources.
- 5. Data Collection and Reporting:
 - Monitor and evaluate the effectiveness of prevention programs through data collection, participant feedback, and community outcomes.
 - Provide regular reports on program successes, challenges, and areas for improvement.
 - Stay informed on current trends and best practices in substance abuse prevention and recovery and incorporate them into programs.
- 6. Community Engagement:
 - Foster a supportive environment by encouraging community involvement in wellness programs.
 - Identify community needs through surveys, focus groups, and direct feedback to ensure programs are relevant and impactful.
 - Work with schools, youth organizations, and other stakeholders to engage younger populations in preventative efforts.

QUALIFICATIONS AND SKILLS:

Education and Experience

- Bachelor's degree in public health, social work, or a related field (or equivalent combinations of education and experience will considered).
- Experience in managing health programs, ideally within Indigenous or rural communities.

Skills and Competencies

- Excellent communication and interpersonal skills.
- Proven ability to build and maintain partnerships with diverse stakeholders.
- Organizational and project management skills with attention to detail.
- Ability to work independently and collaboratively in a team setting.

Working Conditions

- Travel may be required to attend meetings, engage with partners, and oversee program implementation.
- Occasional evening or weekend work may be necessary to meet deadlines or attend events.

APPLICATION PROCESS:

To apply, please submit your resume, a cover letter outlining your qualifications, and references to <u>SSI.LNR@Sahtu.ca</u>. Applications will be accepted until February 17, 2025.

Salary will be negotiated based on the successful applicants' qualifications and experience.

Priority will be given to Beneficiaries of the Sahtu Dene and Metis Comprehensive Land Claim Agreement.